

# **INVITATION TRAMPOLINE AND DMT 2023**

# Dear Athletes, Coaches, Judges and Families,

This invitation marks the 10<sup>th</sup> edition of the HCA City Games, that are open to trampoline gymnasts, from all over the world and of course their coaches, judges and parents.

It is therefore with great pleasure that we invite gymnasts from the trampoline world to participate in the Hans Christian Andersen City Games  $2022 - \text{from } 1^{\text{st}}$  to  $6^{\text{th}}$  august 2023.

The trampoline and DMT part will be a 3-day camp, followed by a competition on Saturday for athletes of all ages and levels

It is possible to combine TRA with DMT at the same cost

### Camp

Trampoline

Participants in the camp will be divided into groups with up to 5 gymnast pr. Trampoline, Eurotramp 4x4 mm DMT

Participants in the camp will be divided into groups with up to 15 gymnast pr. DMT, Eurotramp 4x4 mm

Each group will have 2 sessions of 1½ hour of training pr. Day.

Beside the DMT and trampolines, there will be access to 5 trampolines to a pit -2 of them lose foam.

# Organisers and venue

The Hans Christian Andersen City Games are organized by Odense Gymnastik Forening (OGF). Odense has previously hosted the 2001 and 2015 Trampoline World Championships and WAGC, the 2006 Nordic Championships, the 2008 European Championships, and the 2011 & 2013 World Cup Final.

The venue is Odense Idrætspark, Israels Plads 3, 5200 Odense V

#### **Date**

1<sup>st</sup> – 6<sup>th</sup> August 2023 (earlier arrival can be arranged)

# The City of Odense

The Hans Christian Andersen City Games are held in Odense, the third largest city in Denmark, just 2½ hours by car from Hamburg (Germany), 1½ hours by car or train from Copenhagen, and 1 hour by car from Billund International Airport.

See more https://www.visitodense.com - change to English at the right bottom of the webpage



# Classes and requirement's Trampoline

# U 12 B, compulsory skills, born 2011 or later

- 10 different skills
- One skill landing on the back or front
- In this B-class there is a maximum difficulty for the 2. Qualification routine and the final of 1,5 point

# U 12 A, compulsory skills, born 2011 or later

- Back somersault, tucked (C)
- Front somersault, piked (B) or barany, free
- One skill landing on the back or front
- At least three (3) of the skills in the compulsory routine must have at least 270° of somersault.

# U 13-14, compulsory skills, born 2009 or 2010

- Back somersault, piked (B)
- Back somersault, tucked (C)
- Barany, free
- One skill landing on the back or front
- At least four (4) of the skills in the compulsory routine must have at least 270° of somersault.

# U 16 compulsory skills, born 2007 or later

- 10 different skills
- One skill landing on the back or front
- In this B-class there is a maximum difficulty for the 2. Qualification routine and the final of 3,5 point

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## Juniors, compulsory skills, born 2007, 2008, 2009 or 2010

- FIG B or
- Back somersault, straight (A)
- Back somersault, tucked (C)
- Barany, free
- One skill landing on the back or front with at least 270° of somersault
- At least four (6) of the skills in the compulsory routine must have at least 270° of somersault.

## Open Class B compulsory skills, born 2006 or earlier

- 10 different skills
- One skill landing on the back or front
- In this B-class there is a maximum difficulty for the 2. Qualification routine and the final of 7,1 point

## Open Class, born 2006 or earlier

As per FIG A



# Classes and requirement's DMT

U 12 A, compulsory skills, born 2011 or later

• No skill to be repeated in the qualification as mount, spotter or dismount

# U 13-14, compulsory skills, born 2009 or 2010

- One skill with a minimum of 360° rotation in each pass
- No skill to be repeated as mount, spotter or dismount

# Junior, born 2007-2010

- All skill to have minimum of 360° rotation
- No skill to be repeated as mount, spotter or dismount

### Open Class, born 2006 or earlier

- All skill to have minimum of 360° rotation
- No skill to be repeated as mount, spotter or dismount

Missing skills with 360° rotation will result in a penalty of 1,0-point pr. Judge

#### Rules

The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives.

- Statutes
- Technical Regulations
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules

# **Finalists and Final**

If 6 or less gymnasts competing in the preliminaries in a group – 4 gymnasts will compete in the final If less than 12 gymnasts competing in the preliminaries in a group – 6 gymnasts will compete in the final If more than 12 gymnasts in a class 8 gymnasts will compete in the final.

All finals will start from zero.

Tie-breaking rules will be used.

# **Equipment**

Trampoline : Eurotramp Ultimate 4x4 mm DMT : Eurotramp 6x6 mm DMT



# Judges pr. discipline

Judges must be entered as follows: 2-10 competitors = 1 judge 11-20 competitors = 2 judges 21-? competitors = 3 judges

Clubs who not bring the requested numbers of judges, will have to pay a fee of DKK 1.000 pr. Missing judge.

The judges should at minimum have a national judge's brevet.

Judges can't be entered for more than one event.

Note that the organizer does not pay food and lodging for the judges.

The name of the judge/s must be announced with the entry form, and all changes must be reported to the organizer immediately.

## Warm up / one touch

In all events there will be 30 seconds/Two touch warm up per competitor immediately prior to the preliminary and final round.

#### **Prizes**

The top three athletes in each event will be awarded with gold, silver and bronze medals. In addition there will be a participation certificate.

### **FOOD**

### **Breakfast**

We offer a hearty and delicious breakfast, including bread, cheese, jam, juice, milk and cornflakes.

#### Lunch

A healthy and balanced lunch will be served Wednesday to Saturday.

### Dinner

A healthy and balanced Dinner, including one of piece of fruit will be served Wednesday to Saturday.

All meals are served at our clubhouse unless you stay at the hotel, where breakfast is served.

### **ACCOMMODATION**

### Low cost - included in the entry fee

As a part of the entry fee, the Hans Christian Andersen City Games offer accommodation at our clubhouse, nearby school all in walking distance of the Sports hall/venue of the Trampoline event.

You have to bring your own sleeping bag and mattress. A limited numbers of mattresses can be rented for DKK 75,00 for the duration of the event.



### **Sports-Hostel**

Limited numbers of rooms at a the "Cytellet" (Next to the sports hall), first come first serve, can be offered at price of DKK 200 pr. Person pr. Night based on 3- or 4-person pr. Room. Shared toilets and showers.

### Hotel

The organisers have made a special arrangement with some of the hotels in Odense and can offer hotel accommodation, inclusive breakfast and free WIFI at the following prices:

Single room at DKK 575,-, Double room at DKK 675,-, Triple room at DKK 800,- and Quad room at DKK 900,- all prices are pr. room and pr. night. If you use this offer you can deduct DKK 250,- from the entry fee.

Accommodation at Hotel/Sports-hostel must be ordered not later than 15th June 2023

### **REGISTRATION, PRICES AND PAYMENT**

### **Declaration of interest**

If you send your declaration of interest before 1<sup>st</sup> of April 2023 to <a href="mailto:ejm@ejm-events.com">ejm@ejm-events.com</a> you can participate at a reduces price.

# Definitive

Send your definitive entry not later than 15<sup>th</sup> June 2023

Entries received after 15<sup>th</sup> June 2023 may be accepted for an extra fee

Please notice that there is a limit of 90/60 athletes for the Trampoline/DMT camp, based on first come first serve.

All registrations to be send by e-mail <a href="mailto:ejm@ejm-events.com">ejm@ejm-events.com</a> on the entry forms.

### Payment:

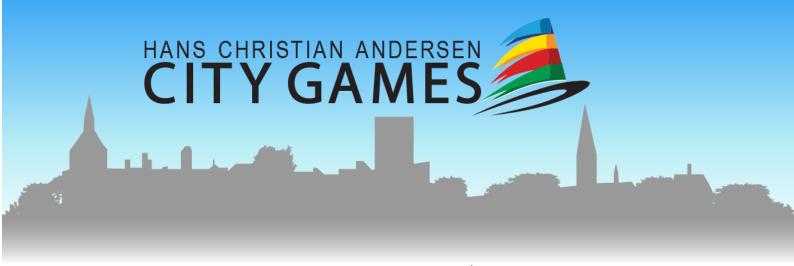
All payments must be on the account of OGF not later than 15<sup>th</sup> July 2023

# **Participation Fee**

# DKK 1,775

For Clubs decelerating their interest before 1st March can participate at a reduced price of DKK 1,600

- Participation in the Hans Christian Andersen City Games Trampoline Camp & Competition
- Lodging at a local school (please bring your own mattress, sleeping bag etc.)
- Breakfast Wednesday-Sunday
- Lunch and dinner Wednesday-Saturday
- Workshop try another sport
- Participation in the Garden Party in Odense Zoo
- Participation in the Closing Ceremony and Farewell Party
- Free buses in Odense and special transport to and from the above evening events



It is possible just to take part in the competition on Saturday 5<sup>th</sup> August 2023. The fee for participation, including a T-shirt and access to the Farewell Party is DKK 250,00. Accommodation from Friday to Sunday and food Saturday, can be arranged on request.

# **Provisional programme:**

# Tuesday 1<sup>st</sup> August

Arrival of delegations

# Wednesday 2<sup>rd</sup>August

7.30 am – 9.00 am Breakfast

9.00 am – 6.00 pm training pr. schedule

12.00 pm – 2.00 pm Lunch 5.30 pm – 7.00 pm Dinner

7.00 pm – 9.00 pm Workshops, try another sport

# Thursday 3<sup>rd</sup> August

7.30 am - 9.00 am Breakfast

9.00 am – 6.00 pm Training pr. schedule

12.00 pm - 2.00 pm Lunch

5.30 pm – 7.00 pm Dinner - Evening free

# Friday 4th August

7.30 am – 9.00 am Breakfast

09.00 am – 6.00 pm Training pr. schedule

12.00 pm - 2.00 pm Lunch

3.00 pm - 7.00 pm Garden Party in Odense Zoo

6.30 pm - 8.00 pm Dinner 7.00 pm - 9.30 pm Free training

# Saturday 5<sup>th</sup> August

7.30 am – 9.00 am Breakfast

8.30 am - 10.00 am Free training / warm-up

9.00 am - 9.30 am Judge meeting

10.00 am – 5.00 pm Preliminaries and Finals for all events

12.00 pm – 2.00 pm Lunch 7.00 pm Dinner

8.00 pm - 23.00 pm Farewell Party

# Sunday 6<sup>th</sup> August

7.30 am - 9.00 am Breakfast

Departure



### **TRANSPORTATION**

Participants are offered free transportation from Odense train station to the school at which accommodation has been provided, and back on departure. Transportation to and from airports can be arranged at additional costs.

Transport to and from Bowling and Zoo will be arranged by the organizer.

# **Insurance & Visas**

Insurance is compulsory and the responsibility of each participant. The Hans Christian Andersen City Games cannot accept any responsibility whatsoever.

Should you need a specified invitation to get a Visa for Denmark, please send us a list with full name, date of birth and passport number for all delegation members to the e-mail address mentioned below?

#### Website

www.hca-citygames.dk or follow us on Facebook: HCA City Games Trampoline and Gymnastics

### Questions

Should you need any further information, please contact, Erik J. Mogensen, Mob +45 40 45 02 03, E-Mail: <a href="mailto:ejm@ejm-events.com">ejm@ejm-events.com</a>

See you in 2023 in Odense



